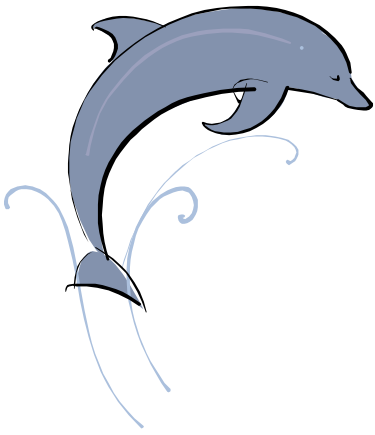


May 2009						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22 Swim Team Kickoff 6-10pm	23
24	25 Memorial Day No Practice	26 Regular Prac- tice	27 Regular Prac- tice	28 Regular Prac- tice	29 Regular Prac- tice	30
31						

Schedule of Events

- Afternoon Practice Times
(from May 26th through June 12th)
 - 6 & Unders: 4:30-5:00
 - 7 & 8s: 5:00-5:30
 - 9 & 10s: 5:30-6:00
 - 11 & Ups: 6:00-7:00



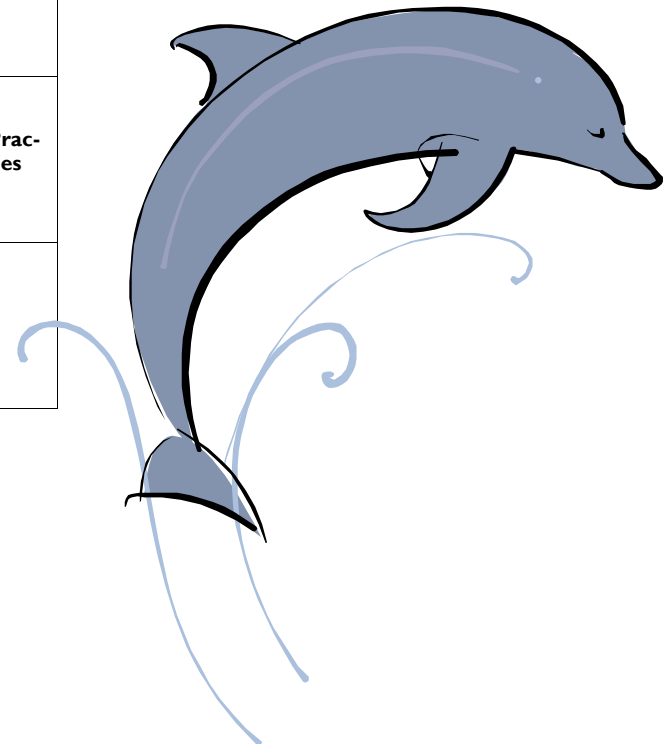
MacGregor MacDolphins

June 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Regular Prac- tice	2 Regular Prac- tice	3 Regular Prac- tice	4 Regular Prac- tice	5 Regular Prac- tice	6
7	8 Regular Prac- tice	9 Time Trials	10 Regular Prac- tice	11 Regular Prac- tice	12 Regular Prac- tice	13 1st Morning practice
14	15 AM: Mac- Minnies Evalua- tion PM: Extended Practice times	16 AM: Morning Practice times PM: 1st Swim Meet!!	17 PM: Extended Practice Times	18 AM: Mac- Minnies PM: Extended Practice Times	19 AM: Morning Practice Times PM: Extended Practice Times	20 Morning Prac- tice Times
21	22 AM: Mac- Minnies PM: Triathlon	23 AM: Morning Practice times PM: 2nd Swim Meet!!	24 PM: Extended Practice Times	25 AM: Mac- Minnies PM: Extended Practice times	26 AM: Morning Practice Times PM: Swim for a Cause	27 Morning Prac- tice Times
28	29 AM: Mac- Minnies PM: Extended Practice times	30 AM: Morning Practice times PM: 3rd Swim Meet!!				

Schedule of Events

- Afternoon Practice Times
(from May 26th through June 12th)
 - 6 & Unders: 4:30-5:00
 - 7 & 8s: 5:00-5:30
 - 9 & 10s: 5:30-6:00
 - 11 & Ups: 6:00-7:00
- Extended afternoon practice times
(from June 15th–July 20th)
 - 6 & Unders: 4:00-4:30
 - 7 & 8s: 4:30-5:15
 - 9 & 10s: 5:15-6:00
 - 11 & Ups: 6:00-7:00
- Morning Practice Times
(beginning June 13th)
 - 11 & Ups: 8:30-9:30
 - 6 & Unders: 9:00-9:30
 - 7 & 8s; 9 & 10s: 9:30-10:00
- MacMinnies Practice Times:
Mondays & Thursdays 9:00-11:00



MacGregor MacDolphins





July 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 AM: Mac-Minnies PM: Extended Practice times	3 AM: Morning Practice Times PM: Extended Practice Times	4 No Practice
5	6 AM: Mac-Minnies PM: Extended Practice times	7 AM: Morning Practice times PM: 4th Swim Meet!!	8 PM: Extended Practice Times	9 AM: Mac-Minnies PM: Extended Practice times	10 AM: Morning Practice Times PM: Extended Practice Times	11 Morning Practice Times
12	13 AM: Mac-Minnies PM: Extended Practice times	14 AM: Morning Practice times PM: 5th Swim Meet!!	15 PM: Extended Practice Times	16 AM: Mac-Minnies PM: Extended Practice times	17 AM: Morning Practice Times PM: Extended Practice Times	18 Morning Practice Times
19	20 AM: Mac-Minnies Meet PM: Extended Practice Times	21 AM: Morning Practice times PM: Last Swim Meet!!	22	23 Banquet	24	25
26	27	28	29	30	31	

MacGregor MacDolphins

Schedule of Events

- Afternoon Practice Times
(from May 26th through June 12th)
 - 6 & Unders: 4:30-5:00
 - 7 & 8s: 5:00-5:30
 - 9 & 10s: 5:30-6:00
 - 11 & Ups; 6:00-7:00
- Extended afternoon practice times
(from June 15th– July 20th)
 - 6 & Unders: 4:00-4:30
 - 7 & 8s: 4:30-5;15
 - 9 & 10s: 5:15-6:00
 - 11 & Ups; 6:00-7:00
- Morning Practice Times
(beginning June 13th)
 - 11 & Ups; 8:30-9:30
 - 6 & Unders: 9:00-9:30
 - 7 & 8s; 9 & 10s: 9:30-10:00
- MacMinnies Practice Times:
Mondays & Thursdays 9:00-11:00

